

## Student Requirements and Advance Information

V2024-01-01

### **Fitness:**

The Offshore Personal Safety Course includes classroom and practical sessions. Practical sessions include in-the-pool training with life rafts and lifejackets. Participants will enter the water in wet weather gear, swim with and without lifejackets, inflate, rig and board life rafts, and assist other participants with the drills. The training is physically demanding, requires the ability to swim and may be stressful. It is the responsibility of participants to be fit for the training. Participants who have any doubt about their ability to participate safely should consult their doctor and obtain medical approval in advance of the course.

### **Liability waiver and personal information consent forms:**

Participants will be required to sign a liability waiver - release agreement prior to participation

[Click here to review the release agreement](#)

For the benefit of participants and event organizing authorities, Sail Canada maintains a publicly-searchable database listing participant names, certificate numbers and certificate expiry dates. Participants will be requested to sign a personal information consent form.

### **Advance reading material:**

Advance reading material will be delivered to the postal mailing address you provide during registration. Participants are expected to review any advance material prior to the start of the course.

### **Clothing and personal safety equipment:**

For sessions other than the in-the-water session, casual clothing is suitable. For the in-the-water session, participants are required to have a full set of wet weather gear including footwear, a functional lifejacket or PFD, and a re-arm kit (if using an inflatable PFD). Using the same gear that you plan to sail offshore with is strongly recommended. All clothing and gear must be clean and suitable for a public swimming pool. A change of clothing, a towel and a bag for wet clothing gear are also recommended. Rinse-down and change facilities are provided at the in-the-water session.

### **Price & Registration**

The Offshore Personal Safety Course is \$600, plus tax in Canadian funds. Price includes advance material, course participation, and upon successful completion, a Sail Canada - World Sailing Approved Offshore Personal Safety training certificate.

Registrations are non-cancellable by the participant and non-refundable. Transfers from one person to another may be permitted under circumstances acceptable to the organizers; transfer requests should be made in writing not less than 14 days prior to the class start date.

Registration Form is available by downloading online. 50% down payment is requirement, with the balance owing two weeks prior. Cheque, cash, or e-transfer is accepted. Cheques can be forwarded to 67 Jillian Drive, Cornwall, PE C0A 1H4.